

Community Connection

Autism Connections: a Pathlight program

A new location for Stepping Out, January 27



Stepping out for Autism returns this year as *A Night at the Museum*, at the <u>Museum of Springfield History</u> on January 27, 2018 at 6:00 p.m., brought to you by Presenting Sponsor <u>Dowd Insurance Agency</u>.

Please consider joining us for an evening of live and silent auctions, food from <u>Seth Mias Catering</u>, wine and beer tastings from <u>Provisions</u> of Northampton, <u>Iron Duke Brewing</u> and <u>Berkshire Brewing Company</u>, with music for dancing with the <u>O-Tones</u>.

John Robison will be on hand for a book signing of his selected works, with proceeds going to Autism Connections. Explore the museum's exhibits, which will be open to all attendees! Visit the Springfield Museum website to sneak a peek at the venue and exhibits and see more event information and buy tickets <u>here</u>.

Autism Conference registration is now open!



Our Annual Autism Conference returns for the 28th year on **April 27, 2018** at the Log Cabin in Holyoke. Speakers <u>Steve Silberman</u>, the author of *NeuroTribes*, and <u>Al Condeluci</u>, CEO of Community Living and Support Services (CLASS) present during the full day conference. An exhibition hall with businesses and organizations related to autism services will round out the day. Find tickets and more information here: <u>https://</u> <u>autismconnectionsma.org/news-andevents/autism-conference/</u>

Newsletter

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CONTACT INFORMATION

Easthampton Office ¡Hola! Hablamos español

116 Pleasant Street, Suite 366 Easthampton, MA 01027 413.529.2428

Berkshire Office

100 North Street, Suite 322 Pittsfield, MA 413.443.4780

Our Mission: To help families, schools, professionals, agencies, and communities understand autism, promote the well-being of individuals with autism, and foster their inclusion



NEWS & UPDATES

STAFF DIRECTORY

Karen Serra (x123) *Director*

Ben Breton (x121) Autism Specialist

Lora Cortis (x124) Autism Specialist

Ari Damasco (x115) *Autism Center Coordinator*

Erica Donovan (413.443.4780 x19) *Berkshire Program Manager*

Carla Doyle-Florence (x119) *Autism Support Broker*

Katie Drumm (x111) Easthampton Program Manager

Nancy Farnsworth (x113) *Educational Advocate*

Elizabeth Flaherty (413.443.4780) *Autism Specialist*

Leeanne Hadsel (x122) Autism Support Broker

Kimberly LaMothe (x118) *Behavioral Specialist*

Joanne Lucey (x116) Development & Communications Coordinator

Joyce Paige (x110) *Office Coordinator*

Gaby Santiago (x125) Bilingual Autism Specialist Habla español

Rhonda Setkewich (x117) Autism Specialist / IFFS Coordinator

Andrea Thompson (x127) Autism Support Broker

Tanya White (413.585.8010 x127) *Autism Specialist*

BOARD OF DIRECTORS

Betsy Benton Lisa Crouser Carrie Lemelin Pamela Sandler Jeanne Zobel-Lachiusa Paula Fredericks Bill Loomis Michael Wilcox

Recent activities

Berkshire Autism Collaborative Monthly Meeting



The Autism Collaborative of Berkshire County's monthly December meeting presented AdLIB, who expanded on the November conversation about Transition services. The Nutrition Center also provided information on nutrition counseling and addressed questions. The center has five very active locations throughout the county. Please join us!

January's meeting is coming! ACBC will meet Friday, January 19, 10am-12pm. Our Spotlight Speakers are Dr. David Boyer from <u>Hillcrest Educational Centers</u>, who

will be discussing testing and diagnosis for ASD and Sopheap Nhim and the Autism Outreach Services through <u>Berkshire County Arc</u>, who will discuss their In-home ABA program. Please spread the word. We hope to see you there!

A night at the Colonial Theater

Our group had a wonderful night at the Sensory Friendly performance of the Christmas Carol at the Colonial Theater, whose production of the traditional holiday play was amazing. Thank you to our families that came out to watch with us. And, as said by Tiny Tim, *God bless us everyone!*



Berkshire social group and the Festival of Trees



Our social group was able to partner with <u>The</u> Funky

<u>Phoenix</u> in Pittsfield for a 5-session series of art classes, during which participants created a holiday tree entry for the Berkshire Museum's "Whimsical, Wonderful Festival of



The process of creating the tree was fun, collaborative and

Trees".

super social, and the outing to the museum to see the group's creation was amazing.

If you are interested in more information about the social group, please contact Ben Breton in the Pittsfield office at 413-443-4748.

2018 January Edition

JANUARY 2018

Easthampton Holiday Party

Our Autism Connections' community brought their holly jolly best to our Easthampton Holiday Party!

Eastworks was bustling with children and adults alike embracing the spirit of the season. Mad Science ensured it was a white Christmas with a make-yourown snow activity, and children decorated snowflake suncatchers. Everyone had the opportunity to spread the Christmas Carol cheer with our karaoke machine, and all received a gift from under the tree.

Santa Claus stopped by to hear the wishes of kids ages one to ninety-two. Thanks to everyone who attended – you helped make our season bright!

Thank you to John Richards of Valley Marketing for putting us in touch with the big man himself, Santa Claus! We greatly appreciate you arranging for Santa to visit our Holiday Party!









NEWS & UPDATES

Center News

Nominate someone for April's Autism Conference *Community Award* and let them know you care!

As we make preparations for our 28th Annual Autism Conference, we are again asking for nominations for the following awards. The Conference will be held on April 27, 2018 at the Log Cabin in Holyoke, and is an excellent opportunity to honor the people who make our lives a lot better! Winners of each award and the



person who nominated them will receive free admission to the conference.

"You Are There for Me Award" is presented to a person who has demonstrated ongoing support and

Favorite memories from 2017

Looking back on 2017, each of us on the Autism Connections' team have wonderful memories from the year! We are so grateful to be a part of this community, and for the connections we've made with so many people. Here are just a few of the memories we've enjoyed!

Seeing so many familiar faces at our parties and activities, and watching families grow.

Helping so many people by supplying information, being supportive to newly diagnosed families and working to help our children and individuals be successful in school and in the community.

Getting to talk to each of our award-winners and those who nominated them at our 2017 Autism Conference in April. It was inspiring to hear of all the dedication and love that so many of our community members bring to one another. devotion to a family. Previous winners have included grandparents, neighbors, community helpers, and anyone else who makes that extra effort to be so supportive.

"Above and Beyond Award" is presented to a professional who has provided outstanding care and support to a person with autism and his/her family. Previous winners have included respite providers, para --professionals, PCA's and other staff that work with a family or individual.

"Community Inclusion Award" is presented to a person or establishment that has been welcoming to a person with autism. Previous winners have included restaurants, retail stores and salons.

"Excellence in Advocacy Award" is presented to a parent, professional or person with autism who has demonstrated ongoing and effective self-advocacy or advocacy for people with autism. Parents, teachers, and people with autism have all won this award in the past.

If you would like to nominate an extra-special someone for an award, please contact Joyce at 413-529-2428 x 110 or joyce.paige@pathlightgroup.org

Helping the people we support to gain and improve their daily living skills – in the past year, we've been fortunate to witness them grow in their abilities and confidence in a variety of different areas, whether it's achieving toilettraining or becoming an active member in their community!

The groups in the Berkshires have been involved in several excellent activities, from our Fitness group to our Young Adult Group, who used their combined



artistry to create a beautiful masterpiece to share with the Berkshire Festival of Trees.

Thank you for the privilege of allowing us to be a part of your lives. We look forward to more great memories in 2018!

JANUARY 2018

Upcoming Events



Stepping Out for Autism, on January 27, 2018 at 6:00 p.m., changes venue this year to the Museum of Springfield History. Get more information or tickets at autismconnectionsma.org, or call our Easthampton office at 413-529-2428. Don't miss this exciting event!

28th Annual Autism Conference

Our Annual Autism Conference returns for the 18th year on April 27, 2018 at the Log Cabin in Holyoke. Join us and speakers Steve Silberman, the author of NeuroTribes, and Al Condeluci, CEO of Community Living and Support Services (CLASS). Al teaches at the University of Pittsburgh, writes, speaks, and consults on issues related to culture, community, and social capital.

Email joyce.paige@pathlightgroup.org with questions or visit autismconnectionsma.org, events page. Contact Joanne Lucey for exhibitor, advertiser or sponsorship opportunities.

Get you team ready for the Leprechaun Plunge!

The Annual Leprechaun Plunge has chosen Autism Connections this year as a spotlight non-profit.



Plunge participants raise pledges in the weeks leading up to the Plunge and on the day of the

event, PLUNGE into the frigid waters of the Connecticut River at Brunelle's Marina. This year's event will be held on Sunday March 11, 2018 and includes a luncheon after the plunge, raffles, music and fun.

For more information and instructions on how to form a team to support Autism Connections, visit http://leprechaunplunge.org. Final team registrations are due by the end of February.

Spring Fling in the Berkshires

The Berkshire Autism Initiative is supporting Autism Connections with a Spring Fling celebration on March 16



at Berkshire Hills Country Club. Join us for buffet, auction, and live music and dancing with the Heartbeats. Ticket options include a VIP cocktail hour and the theme is St. Patrick's Day! Stay tuned for more details and contact Joanne Lucey for more information.

Berkshire Family Support Group and Game Night

Join us for love, fun and the Pursuit of Family Support! Bring your loved one to an optional game night! First



night is January 17, 5:30-6:30 pm. Please call to be

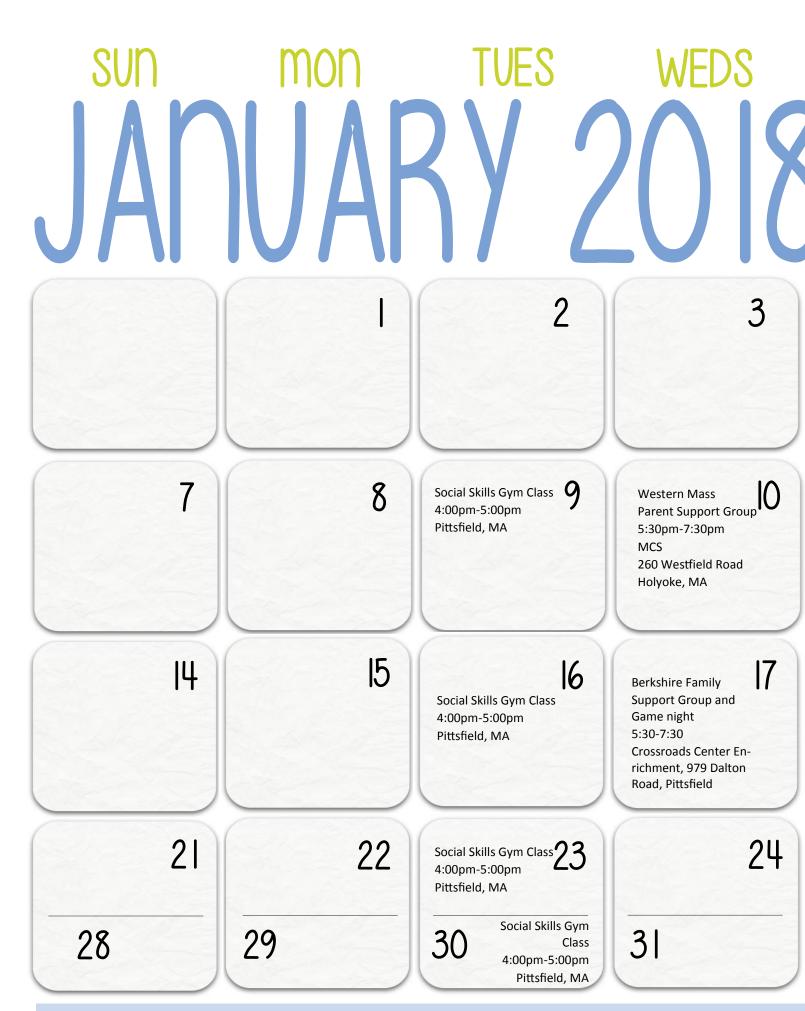
cancelled the event. Berkshire County Arc sponsors the event and the first meeting is at Crossroads Center Enrichment, 979 Dalton Avenue, Pittsfield. See flyer with all dates HERE, or call Nancy Willey, 413-464-7262 EXT. 13.

Research Study

NOW RECRUITING: High School Students with Autism and their Parents

Boston University researchers are recruiting parents and high school students with autism to participate in an 18-month longitudinal study. We are looking for students with autism who are in their last year of high school and who will graduate with a regular high school diploma. Parents and students will complete a set of online and mailed measures now and then 1 1/2 years from now. Participation should take 30-60 minutes at each time point. Parents will receive a \$25 gift card at each time point and youth will receive a \$15 gift card at each time point.

For more information, email <u>buroad@bu.edu</u>, call (617) 353-2060 or visit http://sites.bu.edu/roadahead/.



SEE PAGES 8 - 11

THURS FRI SAT AUTISM CONNECTIONS CALENDAR

4 5 **Open Swim** 6:00pm-7:00pm **Gladys Allen Brigham Community Center** 165 East Street, Pittsfield 13 12 **Open Swim** 6:00pm-7:00pm Gladys Allen Brigham Community Center 165 East Street, Pittsfield 19 20 Open Swim, 6:00pm-Berkshire 7:00pm **Collaborative Monthly Gladys Allen Brigham** Meeting **Community Center** 10am-12pm 165 East Street, Pitts-**BCARC Training Room** field 2 South Street Open Swim, 6:00pm- **25** Legislative Breakfast Stepping Out 27 6 7:00pm 8:30-10:00am for Autism! Knights of Columbus **Gladys Allen Brigham Community Center** Chicopee The Museum of 165 East Street, Pitts-Meet your representa-Springfield field tives! History, 6pm.

FOR FULL DETAILS

EVENTS & WORKSHOPS

COMMUNITY/FAMILY EVENTS

Berkshire Family Support Group and Game Night

5:30-6:30pm Crossroads Center of Enrichment 979 Dalton Avenue, Pittsfield *OR* Center for Development

133 Quarry Hill Road, Lee RSVP: 442-5174 ext. 25

FIRST NIGHT IS JANUARY 17 IN PITTSFIELD

Join the folks at the Berkshire County ARC for fun and the Pursuit of Family Support! Bring your loved one to an optional game night! First night is January 17, 5:30-6:30 pm. Please call to be sure snow has not cancelled the event.

The Central & Southern Berkshire Family Support Group & Game Night will be held on a rotating schedule at two different locations for your convenience!

See flyer with all dates <u>HERE</u>, or call Nancy Willey, 413-464-7262 EXT. 13.

Autism Collaborative meeting

Friday January 19 10:00am—12:00pm Berkshire County Arc 2 South Street, Suite 370, Pittsfield, MA

Join other parents and professionals for this monthly collaborative meeting. Voice your concerns and work together toward solutions.

Our Spotlight Speakers are Dr. David Boyer from <u>Hillcrest Educational Centers</u>, who will be discussing testing and diagnosis for ASD and Sopheap Nhim , and the Autism Outreach Services through <u>Berkshire County Arc</u>, who will discuss their In-home ABA program. Please spread the word. We hope to see you there!



Keep an eye on our facebook page and emails for February school vacation week activities!



Pittsfield Open Swim

Thursdays • 6:00pm-7:00pm Gladys Allen Brigham Community Ctr. 165 East Street, Pittsfield, MA RSVP: 442-5174 ext. 25

Open and free swim to all individuals and families. Registration is required and please note there will be no staffing for this swim. All children must be accompanied by an adult and any adults needing personal care or supervision must come with a caregiver.

PATHLIGHT PARTNER EVENTS

Whole Children, Milestones 41 Russell Street, Hadley, MA

Whole Children: Programs for school age children and teens (ages 3-16). Visit <u>https://www.wholechildren.org/</u> for more information. Next session January 8-March 10, 2018.

Milestones: Enrichment classes for older teens and adults. Visit <u>https://www.wholechildren.org/milestones-classes/</u> for more information.

Potluck Socials (ages 18+): January 19, 26, February 2, 16, 23, March 2, 9 6:30-8:30p.m., FREE!

Whole Children Film Festival

https://www.wholechildren.org/whole-children-filmfestival/

This event includes three short documentaries from the Sprout Film Festival and a sneak peek of Ethan at 21, followed by a reception and panel discussion with the filmmaker, Jo Sittenfeld, and Cammie McGovern and Ethan Floquet, the subjects of the film.

There are two showings. Take your pick! February 10 from 2 -4 p.m.



at Mills Theater in Carr Hall Bay Path University in Longmeadow, and February 11 from 4:30- 6:30 p.m. at Hadley Farms Meeting House in Hadley.

JANUARY 2018

TRAININGS/WORKSHOPS/TALKS

Supported Decision-making Panel Discussion

Tuesday, January 23, 2018, 8:00-10:00am Best Western Royal Plaza Hotel and Trade Center 181 Boston Post Road, West Marlborough, MA http://www.massguardianshipassociation.org/ events/

Take advantage of this great panel discussion from Massachusetts Guardianship Association. John Ford, Bob Fleischner and Leo Sarkissian discuss topics related to supported decision-making.

Please rsvp to massguardianshipassociation@gmail.com.

Human Service Forum

2018 Legislative Reception

Friday, January 26, 2018, 8:30am—10:00am Knights of Columbus 1599 Memorial Drive, Chicopee, MA <u>http://www.humanserviceforum.org/event/hsf-legislative-reception/</u>

For staff, board, constituents/clients, family members, and volunteers of member agencies of the Human Service Forum, Hampshire Council of Social Agencies (**COSA**) & Franklin County Resource Network (**FCRN**).

This **unique event** allows you to share a table with one of the western Massachusetts Representatives or Senators and speak directly with them on topics that are <u>important</u> to you.

You and your concerns matter – raise your voice and your issue. Legislators want and need to hear from you.

Don't sit this one out – **engage your voice** and you can impact policy decisions!

Share your story – let your representative know what policies and laws actually look like in action, in our families and our communities.

Before the event, plan your "Ask." Read, "<u>Tips On Talking to</u> <u>your Legislator</u>," created by HSF with the help of The Food Bank of Western MA.

*The Massachusetts Developmental Disability Council Family Empowerment Funds can provide grants for family members to attend conferences and trainings. Visit <u>www.mddc.com</u> for details.

Holyoke/Chicopee DDS Office Transition Fair

Thursday, April 12, 2018 4:30pm—6:30pm Chicopee Comprehensive High School 617 Montgomery Street, Chicopee, MA Download flyer <u>here</u>

Special Education students ages 14-22, their parents and professionals are invited to attend this fair. Representatives from local service agencies will be available to provide information and answer questions about adult services, public transportation, housing, employment, life after school, future planning and staying connected with friends. Please rsvp to <u>karenfletcher@mscnet.org.</u>

Visions of Community 2018

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Saturday, March 10, 2018 7:30am—5:00pm Seaport World Trade Center 1 Seaport Lane, Boston, MA <u>https://fcsn.org/voc/</u>

Visions of Community is open to all families and professionals interested in supporting children and youth with special needs. Choose three 90-minute sessions from our <u>selection of workshops</u> and tailor your learning experience. Registration is \$80 through 2/9/18, at which time the fee will increase to \$95.

The Becoming a Leader Youth Forum, held within the Visions of Community conference, is open to youth ages 14-22. It focuses on developing self-advocacy skills, preparing for life after high school, and creating positive community and work experiences. Registration is \$50.

<u>Scholarships and volunteer opportunities are</u> <u>available for both conferences – please email</u> <u>voc@fcsn.org</u> or call (617) 236-7210 for more information!



SUPPORT GROUPS

GROUP NAME	GROUP DESCRIPTION	MEETING DETAILS	CONTACT/MORE INFO			
AMHERST						
Clinical & Support Options (CSO) Parent Support Group	For parents of children/youth with high func- tioning autism (Asperger's). Come share your experience, learn about resources, and hear from experts in the field. Childcare available. This is a parent led support group.	Saturdays 10:00am-11:30am Bridge Family Resource Center 101 University Dr, Suite A3 Amherst, MA	Group meets on Saturdays. Childcare available, refreshments served. Please call 413.549.0297 with questions.			
CHICOPEE						
HOPE Autism Support Group	This group is designed for parents and caregivers of family members on the autism spectrum to meet and talk with others that are on the same journey in a positive and confidential environment.	If interested in joining, please contact Cathy.	Group will meet on the 2nd Friday of each month. For more information or to RSVP, please contact Cathy at <u>camorgado@verizon.net</u> .			
EASTHAMPTON						
Asperger's Social Night for Adults	Autism Connections is happy to provide this social night twice a month for folks 18+ who identify as having Asperger's.	Autism Connections 116 Pleasant Street, Suite 366 Easthampton, MA	This group will resume in the near future. Please contact Kimberly LaMothe at 413.529.2428 x118 with any questions.			
GREAT BARRINGTON						
Adult Discussion Group	This group is being offered by the Asperger/ Autism Network (AANE). There is an attendance fee of \$5.	Mason Library 231 Main Street, Great Barrington	For more information please contact Stephanie Birkdale at stephanie.birkdale@aane.org.			
HADLEY						
LGBTQ Group <mark>New!</mark>	This group is looking for individuals between 21 -35. The goal is to provide community educa- tion, make friends, and have fun. All welcome.	Pathlight Office 41 Russell Street, Hadley	For more information and times please contact <u>alexcampurciani@gmail.com</u>			
Women's Group Franklin/ New! Hampshire area	Looking for ALL women ages 18-30 who are interested in coming together to explore com- mon interest, make friends, and have fun.	Pathlight Office 41 Russell Street, Hadley	For more information and times please contact Letitia Campurciani at Campaglt@aol.com			
HOLYOKE						
Autism Connections Western MA Support Group (previously Holyoke support group)	This support group is open to all family mem- bers of children and young adults with autism. The group is designed for parents and other caregivers to come together for support and to share information.	2nd Wednesday of the month 5:30pm-7:30pm MCS 260 Westfield Road Holyoke, MA	For more information and to RSVP, please email Linda Wynne at <u>wynne92@aol.com</u> . Group will meet 2nd Wednesday of each month. Child care is available—you must call our office at least one week in advance at 413.529.2428 if you need child care.			
Mom's Night Out	Moms of people with different abilities are in- vited to bring their problems, triumphs and their need to laugh to Mom's Night Out. Jeri- cho will supply drinks and refreshments. Bring something to share!	Call Linda LaPointe for meeting times. Jericho 537 Northampton Street Holyoke, MA	Must RSVP to Linda LaPointe at <u>lindal@jerichobeca.org</u> or calling 413.538.7450			
Parent/ Professional Advocacy League	Moving Forward: Our Journey. A group for empowering families through transition planning.	Please contact PPAL for locations and times.	For more information visit www.ppal.net or email <u>eszela@ppal.net</u> .			

2018 January Edition

W W W . A U T I S M C O N N E C T I O N S M A . O R G

JANUARY 2018

GROUP NAME	GROUP DESCRIPTION	MEETING DETAILS	CONTACT/MORE INFO		
HOLYOKE					
Rainbow Support Group of Western Massachusetts	This group provides support and info to individuals with intellectual challenges who identify as gay, lesbian, bisexual, transgender or those who are questioning.	Western Mass Training Consortium 187 High Street, Suite 202 Holyoke, MA	For questions or to find out meeting times contact Tammy Nothe-Hebert at 413.536.2401 x3036		
NORTHAMPTON					
Women's Group	Support group for women with Autism. This group is being offered by the Asperger/Autism Network (AANE). There is no attendance fee.	Lilly Library 19 Meadow Street Florence, MA	For more information or to join this group, contact Stephanie Birkdale at stephanie.birkdale@aane.org.		
PITTSFIELD					
Asperger's Support Group of the Berkshires	This group is for individuals with Asperger's syndrome to come together and offer friendship, fellowship and support.	Wednesdays 5:00pm-6:30pm	Group will meet in various places throughout the community; please contact Elizabeth Flaherty at 443.4780 x16 or <u>Elizabeth.flaherty</u> <u>@pathlightgroup.org</u> to RSVP and find out location.		
Berkshire Teen Group	This group is for teens and young adults who live in Berkshire County and are on the autism spectrum. The group meets regularly for conversation and community based activities.	Will meet regularly, every other Friday evening, throughout the community.	Please contact Ben Breton at <u>benjamin.breton@pathlightgroup.org</u> or 413.529.2428 x121 for monthly group schedule and outing details.		
SOUTH HADLEY					
LGBTQ and the Autism Spectrum	This group is being offered by the Asperger/ Autism Network (AANE). There is an attendance fee of \$5.	S. Hadley Public Library Conference Room 2 Canal Street South Hadley, MA	For more information or to join this group, please contact Stephanie Birkdale at <u>stephanie.birkdale@aane.org</u> .		
WESTFIELD					
Westfield Support Group for Adults with Asperger's Syndrome	This group is an opportunity for support and discussion among adults on the autism spectrum. We provide a "safe space" for our community and as such are not recommended for friends and family members except in a support role.	Building Autistic Community, Inc 507 Southampton Road #1 Westfield, MA	For more information, contact the group at info@bacautism.org or call BAC at 413.359.0222.		
WILLIAMSBURG					
Families of Spirited Children (It Takes a Village) New!	This is a new group for parents, grandparents and caregivers of children with special needs, autism, ADHD or physical, sensory, or medical challenges. Free childcare and refreshments provided.	Tuesdays, 10:00am-11:30am, starting November 7, 2017 Anna T. Dunphy School 1 Petticoat Hill Road, Williamsburg	For more information, contact It Takes a Village at 413-650-3640 or Kat at <u>info@hilltownvillage.org</u> or <u>www.facebook.com/hilltownvillage</u>		

Not seeing what you want? We do our absolute best to deliver you all the news and events related to autism in western Massachusetts (and beyond). Contact Joyce Paige (<u>joyce.paige@pathlightgroup.org</u>) or 413.529.2428 and let us know how we can better serve you and your family through our monthly newsletter!

Please help us go green. Contact Joyce if you are receiving a hardcopy of this newsletter and would prefer an electronic edition only.



Autism Connections A Program of Pathlight, Inc. 116 Pleasant Street, Suite 366 Easthampton, MA 01027

RETURN SERVICE REQUESTED

2018 January Edition

Community Connectionlight programNewsletter

Autism Connections: a Pathlight program

Donation Corner

PlayStation 4

Our social groups in the Berkshire office meet weekly and part of the experience includes playing video games together. We love how playing games in a group promotes teamwork and socialization with friends, instead of playing while home alone.

We have a very specific need for a PlayStation 4 to continue to offer this option to the groups. Do you have a used system you would like to donate? Or would you be willing to help us with a donation towards buying a new system?

If you would like to help, please contact Ben at <u>Benjamin.Breton@pathlightgroup.org</u> and he can direct you to the right person for donations, or let you know if we have already reached our goal.

