

## **Residential Supports**

a Pathlight program

COMPASSION EXPERTISE INCLUSION

At Pathlight, we believe that all people have the right to live fulfilling, happy lives. We believe this is possible despite personal challenges, disabilities, or medical issues.

Our residents receive all that they need to experience the full journey of life.

# Why Residential Support Programs?

Pathlight has a long history of providing residential supports to individuals

with intellectual disabilities. We provide staff and assistance with housing arrangements so individuals can live with the rights and responsibilities afforded all citizens in the community of their choice.

The variety of housing options and range of supports adjust to the age of the individual served — whether 22 or 99 — and the level of support needed, from a few hours a week to 24 hours a day.

We recognize the individual's desire to have a support network of family and friends, as well as paid staff, involved in making decisions about their care. Our goal is to provide the individual and family with those services that support individual choice and maximize independence.

## Supported Living, Beyond Limits

Pathlight operates more than 20 group residences throughout western Massachusetts for individuals with intellectual disabilities.

Since 1971, when we opened the first community

residence in the state, we have respected and learned from the unique qualities and abilities of the people we're privileged to serve. We understand that each individual has specific values, preferences, needs, and abilities, which change over time. Our goal is to accommodate their individual needs

and interests so that they can reach their potential and live a dignified life in their community.

#### \* Supported Independent Living

Pathlight provides person-specific services to those living on their own or with a roommate who do not require 24-hour care, but need additional assistance with everyday tasks.

We work with individuals and families to determine the services that will support each individuals' foundation of independent skills.



#### \* Community Homes

Established in 1979, Intensive Residential Services was the first community-based program of its type in Massachusetts. Residences were created so that adults with complex needs can have a home in the community where around-the-clock staff can meet their medical and behavioral needs, give them individual attention, and help them realize their full potential.

#### Complex Medical Needs

Our community homes make it possible for adults with developmental disabilities to receive the services they need while living in a safe, dignified, family-like setting within the community. Our single intent is to create a home that enables each individual to live a meaningful and fulfilling life. We achieve this by empowering each person to be actively involved in their household and community.

#### - Complex Behavioral Needs

These homes are led by highly trained Behavior Analysts and Behavior Specialists who develop and coordinate Behavior Treatment and Skill Building plans for those with complex behavioral needs. Many of these individuals have a diagnosis on the autism spectrum.



### \* Community Based Day Services

Pathlight offers quality day services to people who specialized supports. We focus on each person's capablities and accept them for who they are, while helping individuals develop their potential through learning and growth.



## Referrals

If interested in a Residential Support options, contact your state agency in western Massachusetts.

## Family Members, To Learn More

#### **Springfield**

220 Brookdale Drive Springfield, MA 01104-3211 Telephone: 800-536-2910 Fax: 413-732-1168

#### Greenfield

101 Munson Street Greenfield, MA 01301 Tel: 413-774-3495 Fax: 413-772-6122 info@pathlightgroup.org

WWW.PATHLIGHTGROUP.ORG

INFO@PATHLIGHTGROUP.ORG



### **About Pathlight** Residential Supports is a Pathlight program

Pathlight is a 501(c)3 non-profit Massachusetts corporation with offices in Pittsfield, Springfield, Greenfield, Easthampton, and Northampton. It was founded in 1952 by five mothers of children with developmental disabilities.

The majority of Pathlight's revenue comes through state agencies, including the Massachusetts Department of Developmental Services and the Massachusetts Department of Medical Assistance. Pathlight also raises money from a broad network of generous donors. We gratefully accept support from individuals, businesses, and foundations.